

## **ANNUAL REPORT 2022-23**

Our Principal Mrs Rema Raghunath retired on 31<sup>st</sup> March 2022 and I, Mrs Priti Vijayakumar took over as Principal on 1<sup>st</sup> April 2022. As the new Principal of Paramekkavu Vidya Mandir,I consider it my privilege to present this report of the activities of the school for the academic year 2022-23. As you all are aware, the classes were held in the virtual mode in the academic year 2020-21 and more than half of 21-22 due to the pandemic. Classes began in the offline mode for Std IX to XII in January 2022 and later as per government directive school reopened for all students on 21<sup>st</sup> February 2022. The annual examination for Std I to IX and XI was conducted in March in school following all Covid protocols.

The CBSE Board examination for Std X and XII began on 26<sup>th</sup> April 2022 and ended on 18<sup>th</sup> June 2022 and our school was a centre for examination for the first time. With the support of my competent and committed team we sailed through this humongous responsibility smoothly.

As the initial step of instituting the new education system of 5+3+3+4 outlined in NEP 2020, the play school and KG was merged with class 1 and 2. Total number of new admissions in this academic year stands at 282 and the total strength of school is 2043 including the KG section. There are 96 teachers and 26 non teaching staff altogether.

All the teachers reported for duty on 15<sup>th</sup> May 2022. School reopened after summer vacation for the students on 1<sup>st</sup> June 2022. The year started with lots of challenges after 2 years of the pandemic but we had been successful in overcoming them with the constant support and guidance from the management , Kalyani miss , Rema miss and above all with the support of my team of teachers.

### **BOARD EXAM RESULTS 2021-22**

The result of Std 10 and Std12 was declared by CBSE in the last week of July. Amidst the covid, exam was conducted by CBSE in two terms. Our children did remarkably well in the exams. .Lakshana V Menon of the Humanities stream became the school topper in Std XII by scoring 495 marks out of 500 ( 99%) and

Adith A of Std X topped the school with 98.8 %. Anuvind Krishna topped the Science stream with 98% and Aravind R topped the Commerce stream with 96.2%. We are happy to inform you that Lakshana has secured the 215th rank in the CLAT exam and 257<sup>th</sup> Rank in the AILET exam.

## **EVENTS AND CELEBRATIONS**

All the activities held at the school give a platform for the students to exhibit their talents and skills and are an integral part of learning.

The year began with the World Environment Day celebration on June 5<sup>th</sup> . Saplings were planted in the school premises by the Brahmakumaris, Thrissur as part of their key plantation project ‘KalpTaruh – Growing with values’. Poster making and quiz competitions were held for the students .A session was conducted for the forestry club students by Mr O A Sunny , RetdAsst Conservator of forests.

The Reading day was celebrated on 20<sup>TH</sup> June 2022 .Mrs. VijayarajaMallika, a writer and social activist addressed the students of Std 6 to 12 . A book fair was conducted in the school auditorium along with DC Books as part of the reading week on 23<sup>rd</sup> and 24<sup>th</sup> June. Reading mission programme and Reading challenge competitions were held to enhance reading habits among students .

International Yoga Day was observed on June 21<sup>st</sup> . A special assembly was held with the demonstration of yogasanas by students under the guidance of Rajesh sir . Mrs.Vijaya Ramesh, Advance Pranic trainer spoke to students on the importance of yoga and meditation and conducted a session for them. Our children performed yoga at the heritage site of Vadakkumnathan and Paramekkavu temple.

Investiture ceremony held on 16<sup>th</sup> July marked the inception of the school students’ council for the year 2022-23. Adithya P Nair of XIC and Sreelakshmi J of XIID assumed the role of Head boy and head girl respectively and took charge with the other captains.

The Honours’ Day was conducted on 12<sup>th</sup> August 2022 in the school auditorium to felicitate and honour the toppers in the SSE and the SSCE 2022. Shri R.Adithya IPS was the Guest of Honour this year and it was a proud privilege to have him address the students on this occasion.

All the days of national importance are celebrated in school with great fervour and enthusiasm. The Republic Day with mass events showcased the theme 'Azadi ka Amrut Mahotsav, and we had around 400 students as participants. Onam was celebrated with inter school pookalam competition and cultural programmes . Kerala Piravi Day programme on Nov 1<sup>st</sup> was an eye opener to the audience with a presentation comparing the traditional and the contemporary society in terms of values, morals and beliefs. Navarathri was celebrated as usual with a 'Bommakolu' and the bajans .Pooja was performed and Prasadam distributed to students. Ramayana masam with Ramayana recital in the morning assembly brought an atmosphere of devotion. 'Christmas celebrations had the carols and a depiction of Jesus Christ's birth by the primary section . Crib making competition was held house wise. Grand parents' day was celebrated with variety entertainment programmes arranged by the Grandparents . Childrens' Day and teachers' day were celebrated with various programmes held by the students and teachers. All these celebrations , I am sure, have given our children an experience of the rich culture and values we have.

### **KALOTSAV AND OTHER COMPETITIONS**

The Teachers' kalotsav was held on 20<sup>th</sup> August at Arafa Public school. Our teachers participated in various events and won a few prizes. We also got the first prize for the LOGO Making AND SLOGAN competition for the Teachers' kalotsav.

Thamburu – school art and literary fest was held on the 16<sup>th</sup> and 17<sup>th</sup> of Sept followed by the THRISSUR SAHODAYA CBSE DISTRICT KALOTSAV held on 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> November at Arafa Public school Attur. Our school stood at the 7<sup>th</sup> position out of 76 schools that participated this year and the first and the second prize winners represented Thrissur Sahodaya in the CBSE state kalotsav held at Carmel school, Vazakulam. The Thiruvathirakali team got third prize, Athulkrishna Sathish Menon came first in Tabla, The PPT team got the first prize and Samyuktha Mahadevan a second prize in violin. Most of the participants secured A grade in the competitions

The music dept again proved their brilliance by securing the second prize in the YMCA patriotic song competition.

**THRISSUR SAHODAYA KIDSFEST 2022-23** was conducted at Dr Raju Davis international school 12<sup>th</sup> January 2023. Our kiddies were extremely excited to participate in the competitions . Category 1 comprising KG students secured the second position in the overall tally of points. Devesh Mohan of class 2 got first prize in English recitation and the English action song team of the KG section came first.

Other than the inter school competitions , our children are provided the exposure of participating in various competitions including drawing and painting competition, essay writing competitions quiz competitions, Geetha chanting competition, Elocution competition etc.. conducted by different organizations and neighbouring schools.

Model United Nations MUN is an educational simulation in which students can learn about diplomacy, international relations and the United nations .This teaches the participants skills like research, public speaking ,debating and critical thinking .MUN 2022 was held at Nirmalamatha Central school on 25<sup>th</sup> and 26<sup>th</sup> Sept. The participants from our school performed brilliantly and Varsha K R won the prize for high commendation and the best orator. PVM BAGGED THE BEST DELEGATION AWARD.

## **SPORTS**

The free after school camp for badminton, football and athletics was held in school . Many students attended the camp . Our caroms team got the third prize in the Sahodaya indoor games.

The Annual Sports Day was conducted on 19<sup>th</sup> and 20<sup>th</sup> Sept for the Primary section and the secondary and Sr sec sections respectively. Olympian Lijo David Thottan inaugurated the sports day and addressed the students.

The athletic camp held in the school in a very systematic way found fruition in the Amateur Athletic meet and the CBSE cluster X Athletic meet held in the months of October and December respectively.The sports dept along with the students brought laurels to school .Our school emerged the second runner up in the Cbse State meet and Hrithika Vinod was declared the best athlete in the under 17

category.15 students of our school are representing the state at the CBSE National Athletic meet at Varanasi from Feb 1<sup>st</sup> to 4<sup>th</sup>.

### **SCHOLARSHIP & TALENT SEARCH EXAMINATIONS**

The scholarship and talent search exams provided the students a competitive platform to assess their merit and boost their confidence through winning prizes,

The UJWAL Prathibha Exam , ELPSE AND MTSE were conducted by the Thrissur Sahodaya. Diya Anil of std 6 won second prize in the ELPSE. Devesh Mohan of Class 2 came first and Rance P Charles ,Nivedh and Siddharth R secured third prizes in MTSE. Varsha V Tharakan of std XI SECURED THIRD PRIZE in Category 4 in the Ujwal Pratibha Exam.

### **AWARENESS CLASSES FOR STUDENTS**

1. A street play was conducted by the Students of Verghese Kurian institute of Dairy and food technology on Safer food and better health.
2. An orientation class was conducted by Colonel Balakrishna on TheAgnipath scheme for the students std 10, 11 and 12.
3. Rabies awareness class by Dr Soorya from Veterinary college was held for students .
4. An awareness class by Asst Traffic inspectors Mr Santhosh AND Mr Geo of the Traffic Police Dept for students on Traffic rules and road safety.
5. A session on CPR was conducted by the doctors from Athreya hospital for around 60 students including the school captains. A demo of how to perform CPR was given.
6. A session on Adolescent issues was conducted separately for boys and girls of Std 9 to 12 by Dr . Deepak and Dr Bindu , Gynaecologists from Jubilee Mission hospital
7. Career Guidance class for the Commerce students of std XI and XII by P G Academy
8. School Career Guidance workshop for Std X, XI and XII conducted by Mr PrakashVarma ,Sahya Leadership Solutions.
9. A session by our former student Dr ArdraMenon on ‘Bullying in school and its impacts’ for the students of std 6 to 8.

10. Poshan Maah Pakhwada and Swachatha Pakwada are the initiatives by CBSE- various activities to make children aware of the importance of eating healthy and nutritious food and maintaining cleanliness were conducted by the students.

A medical check up was conducted for students from KG to 11 by Doctors from Drishya Eye Care Hospital.

11. The Forestry club students were taken to Sea turtle hatchery ,chavakkad beach as part of a project of releasing the Oliver Ridley sea turtlings into sea. A trekking at Kuthiran Forest Education centre helped them know and understand the nature.

12. An Anti Drug awareness class organised by the Forest DEPT for students of class 7 and above . Mr Ranjith .....spoke to the students.

## **TEACHERS TRAINING**

The support for the teachers in the form of trainings is very essential for them to discover and explore ideas and concepts that would make their teaching effective, lessons engaging and assessments reliable. With the changes in the curriculum and pedagogy it has become very essential that all teachers keep themselves updated and prepared for the new challenges. Capacity building programmes by CBSE on NEP 2020 and financial literacy were held in our school. Subject enrichment programmes were held by the Thrissur Sahodaya for both the secondary and Sr sec teachers. Teachers also attend CBPs conducted by CBSE at various venues .

## **ATL**

Let me make a special mention to the encouraging efforts taken by our ATL incharge teachers Rekha miss and Gayathri miss to kick start the functioning of ATL . Full fledged 4 day workshops were conducted for the student members giving importance to Robotics and AI. Our school secured the top 10<sup>th</sup> position at the state in the ATL Marathon challenge The project done by Maria Taj Panakkal, Susan Taj Panakkal and Paul Taj Panakkal on PLASTIC TO PETROL won a prize in the ATL Marathon Challenge and they are selected for an internship programmes in Hyderabad. .

Dear parents and children

There is more to school than teaching and learning what is there in books. Children learn by observing , listening, exploring , experimenting and by asking questions. They develop social and inter personal skills at school .They learn to collaborate and cooperate. The changes you would have seen in your children in the two years of pandemic can easily help you understand the importance of being in school with their friends and teachers.

Even when we recognize and reward achievements, treasure and celebrate memorable moments , we are completely aware that these are impossible without the support of all the stakeholders. I take this opportunity to thank the Management and the school advisory committee for their valuable guidance and encouragement.I thank Kalyani miss and Rema miss for their valuable insights and suggestions, the teaching and the non teaching staff for their competent and committed support and service, the parents for your appreciations and constructive criticisms, the students for making all our efforts meaningful and gratifying . Last but not the least I thank all the all the well wishers who contribute to the moral strength of the school.

I bow in front of all the benign blessings from Paramekkavu Bhagavathy for yet another glorious and fruitful year. We continue to seek her blessings for the years ahead, to guide us in our efforts to provide quality education and to mould our children into good human beings who would go forth into society and make it a place worth living in.

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